

Accountability for Change: Solution-Focused Treatment of Domestic Violence Offenders

with

Adriana Uken
5-6 November

Adriana will present an innovative solution-focused, group treatment program for domestic violence offenders.

Without minimizing or denying the destructiveness of violent behaviors, the programme aims at empowering the participant so that they can discover and reconnect with their strengths and resources to build a more satisfying life.

In focusing on “solution talk” rather than “problem talk” clients develop goals and new behaviors that are then amplified, supported, and reinforced through a solution-building process. This treatment programme, undertaken in only eight group sessions, has a remarkable success rate in bringing about positive, long-lasting change, assisting clients in their efforts to eliminating violence from their intimate relationships.

Through 14 years of independent research the program has shown low recidivism rates of 16.7%, and a very high completion rate of 92.8%. These are remarkable figures compared to 40-60% recidivism and about 50% completion for traditional programs. The latest peer-reviewed, published data on the programme can be found at: http://www.sfbta.org/handouts/Lee_Mo_Yee.pdf.

Venue:

Tompkins Park Function Centre
Cnr Dunkley Ave & Canning Hwy,
Alfred Cove

Time: 9.30am - 4.30pm

Price: \$380.00

Includes lunch, morning and afternoon tea.

Enquiries: Sonja Parker (0439 985 406)
Adrian Gimpel (0409 084 496)

In this workshop participants can learn to:

- Hold offenders accountable for solutions.
- Transfer ‘resistance’ into cooperation.
- Deal with hostility and defensiveness and what to avoid when working with DV offenders.
- Help offenders set meaningful goals that eliminate violence.
- Utilise and focus on small strengths and changes to build lasting change.



Adriana Uken

is a clinical social worker and solution-focused therapist from Northern California. Frustrated with the ineffectiveness of most domestic violence offender treatment programmes, Adriana and John Sebold, began creating a solution-focused alternative in 1990 they called the ‘Plumas Project’.

Dr. Mo-Yee Lee at Ohio State University has led ongoing independent research on the programme and together Mo Yee, John and Adriana have published extensively on the project. In 2003 they co-authored a book entitled *Solution-Focused Treatment of Domestic Violence Offenders: Accountability for Change* published by Oxford University Press. Adriana has also facilitated solution-focused groups for parents of children in the juvenile justice system. Adriana’s innovative work with offenders teamed with the research demonstrating its efficacy means Adriana is in increasing demand in the U. S., Canada, Europe and Asia.

